**Marston Thorold's Charity CE Primary School**,
School Lane, Marston, Grantham, Lincs NG32 2HQ
Tel 01400 250583
Email: enquiries@marstonthorolds.lincs.sch.uk
Website: www.marstonthorolds.lincs.sch.uk

Headteacher: Mrs M Waddell BA(Hons), NPQH

24th December 2020

**General letter to all school students / parents / guardians and staff**

**Advice to All Parents - Single case**

Dear Parents,

Yesterday afternoon we were made aware that a member of our KS1 bubble has tested positive for COVID 19. After contacting Public Health Lincolnshire and the DfE we have been advised that as the member of our school community had not been in school since before the Christmas break (and 48 hours had passed between the end of term and them taking the test/showing symptoms), no further members of our school community need to self-isolate at home. This information is being provided purely to reinforce the message that we must remain alert to symptoms of COVID 19. Now that the six days of school involvement in the Christmas Test and Trace process has passed, please inform us through the school email address amy.parnham@gvsf.school of any booked tests and subsequent results (whether negative or positive) but follow the instructions from NHS Test and Trace as to how to respond to any positive result.

**What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at: https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

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If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

**Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111.

**How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

*Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

**Further Information**
Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Please continue to take care.

Kind regards

Louise Moxham

Acting Head teacher