



School Name: **Marston Thorold Primary School**

Initiative / Services	Description of 2015/16 services	Whole School Outcomes <i>Links with Ofsted 'Beyond 2012' published February 2013</i> <i>Sport Premium impact indicators, Subsidiary guidance, Pages 30-31, Ofsted September 2013</i> <i>Primary PE and Sport Premium-revised objectives (2015)</i>	Impact
Inspire+ Ambassadors			
Inspire+ Ambassador Ben Smith	<i>On September 1st 2015 Ben began one of the most challenging and rewarding experiences of his life. Ben ran 401 marathons on 401 consecutive days around 309 different locations of the UK mainland. Following the completion of this challenge, Ben came to give each school an assembly about his challenge and highlight the issue of bullying and resilience.</i>	<i>The scale of the challenge which Ben explained to children during the assembly stunned them. His assembly included messages of resilience about bullying no matter you're like, where you come from, you can achieve anything if you set your mind to it.</i>  <i>Ben in amongst the whole school after his assembly about anti bullying and resilience.</i>	Friday 18th Nov. was the last day of our Anti Bullying week and we welcomed Ben Smith to tell us about his amazing challenge to run 401 marathons in 401 days to raise £250,000 for 2 anti-bullying charities. Our Bronze Sports Ambassadors welcomed Ben and Chris from Inspire+, they joined us just as we were selling our cakes, biscuits and juice (it was also Pudsey day)- they loved Ben and Tom's biscuits. After break the whole school met in the hall and listened as Ben told us why he decided to run 401 marathons. He was bullied for 8 years at school and felt miserable and then found he loved to run. This made him feel better in himself. From this Ben decided to use this new found love of running to help raise money to help other children who were being affected by bullying. Ben encouraged us to dream big and never give up, to remain positive and if we want something... to go for it!
Sophie Allen	<i>The 2012 Olympian and Glasgow Commonwealth swimmer will deliver an assembly aimed at inspiring girls to participate in sport and physical activity. Sophie will then work with targeted groups</i>	<i>-Raise their [pupil] expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, Ofsted recommendation.</i>	Sophie Allen (a medal winning swimmer) from Inspire+ visited us in September to inspire us to aim for amazing things. She talked about "Dream and Challenge", showed short video clips, asked us questions which got us thinking and involved us in

	of girls including gifted & talented, low confident & low self esteem.	<i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-How much more inclusive the physical education curriculum has become</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-The profile of PE and sport being raised across the school as a tool for whole school improvement</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	practical activities. She encouraged us to challenge ourselves and to go for our goals.
Sam Ruddock	<i>The 2012 Paralympian Sam Ruddock assembly will this year focus on being the best you can be and reaching for 'gold'.</i> <i>Sam will pledge to the pupils to do the best he can at the Rio Paralympics and in return the school pupils will pledge to be as healthy and active as they can be!</i>	<i>-Raise their [pupil] expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, Ofsted recommendation.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-How much more inclusive the physical education curriculum has become</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-The profile of PE and sport being raised across the school as a tool for whole school improvement</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	We welcomed back Sam Ruddock to talk to us about his Rio 2016 experience and how he felt when he didn't realise his goals. He reminded us to never give up. Our Bronze Ambassadors gave Sam 'the best ever introduction' – all their own ideas including a drum roll. Sam reminded us that sometimes it is ok to fail but not to give up.  Our 4 Bronze Ambassadors introducing Sam.

Sarah Outen MBE	<i>Sarah is currently on a ground breaking expedition. London2London via the world will be undertaken through human power alone-kayak, cycling and rowing.</i> <i>Schools have the opportunity to utilise the bespoke scheme of work created by Inspire+ based on Sarah's journey. Schools also have the opportunity to 'tweet' and communicate with Sarah whilst on the last leg of her journey cross the Atlantic Ocean!</i> <i>On Sarah's return she will be touring round all Inspire+ membership schools. This will give pupils an opportunity to meet this inspirational young woman and to enable Sarah to tell her amazing journey.</i>	The unique scheme of work based around Sarah's adventure can support year group or whole school drop down or deep learning days or be part of a longer project or scheme of work. <i>-This initiative provides an initiative for sports leaders/Young Ambassadors. Leadership enhances pupils personal development and well-being, Ofsted key finding.</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills</i> <i>-The greater awareness amongst pupils about the dangers of obesity, smoking and other such activities that undermine pupils' health</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-The profile of PE and sport being raised across the school as a tool for whole school improvement</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	In February Sarah Outen OBE, explorer and adventurer visited us for an early Monday assembly. She reminded us of her travels in her London2London via the world trip by human power and showed us some new photos that inspired her .Sarah told us a very important word: resilience and how she needed it on her adventure.  Sarah left us with a very important message: Be the best YOU can be.  Another inspirational meeting with Sarah.
Shona McCallin MBE	<i>Local girl Shona, who went to primary school in Long Bennington followed by KGGs, is a professional full time hockey player who was part of the squad that went to the Rio Olympics and brought home the</i>		On Tuesday our first day back after Easter we welcomed Shona McCallin the England Hockey Team gold medallist from the Rio Olympics. Shona started off by asking us what we knew about her. She then told us about Rio and being a part of

	gold medal.	 Our B.A's with Shona.	the gold medal team and all about training and working hard to meet goals. She showed us the gold medal she had won. Shona left us to think about this- who would be the next Olympian from Grantham? 
Leadership			
Young Ambassadors (YA's)	<i>After the hugely successful introduction of Bronze Yas in recent years Inspire+ & Platinum Yas will facilitate training events designed to inspire your Bronze Yas.</i> <i>Bronze Yas will be responsible for continuing the London 2012 legacy aspirations of 'Inspire a new generation' through our bespoke Legacy Challenge resource. The focus for this year's resource is the 2016 Rio Olympic and Paralympic Games.</i> <i>This initiative will support whole school outcomes including SMSC.</i>	- YA's can be used to play a significant role in PE or whole school development, for example, their skills can be utilised to run or be part of a sports or school council and can be used as evidence to support pupil voice and pupil role models playing a vital part in school development and promotion. They are great ambassadors for schools as they will work collaboratively across primary and secondary schools. - We will work with Bronze Ambassadors to ensure they have a clear focussed role each year that will benefit them to develop initiatives in their school. -Leadership [Young Ambassadors] has enhanced pupils personal development and well-being, Ofsted key finding. -Raise their [pupil] expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, Ofsted recommendation. <i>-Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills</i>	Our new Bronze Sports Ambassadors (Hannah, Jasper, Matthew and Rory) were voted for by their peers in Class 3 to represent us as our new sports ambassadors. We attended our first training to learn about the role expected of us.  The Bronze Ambassadors designed and entered a competition to win a new sports kit and we won! The sponsor Specsavers (who judged the competition) came along with Inspire +Chris and Marc to present our kit that was especially made for us.

-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
 -The profile of PE and sport being raised across the school as a tool for whole school improvement
 -Broader experience of a range of sports and activities offered to all pupils



Our ambassador organised our mile challenge where the school had to complete as many miles in 1 day as they could.



We completed 94 miles! WOW a tremendous effort everyone and a HUGE thank you to Jasper, Matthew, Rory and Hannah for running about half of these miles either with other children or in relay style themselves!

The ambassadors also helped at the Mini Olympics, ran questionnaires to find out what sports clubs children wanted, delivered the Legacy Log assembly (see below) and helped Mrs. Chadwick whenever she needed help with sport in school.

Inspire+ Legacy Tour

This Legacy Tour will be focussed on raising the profile of the Rio Olympics and

- The Legacy Tour will support collaborative learning with another local school where pupils working together around a

On Wednesday we welcomed Claypole school to pass on the Legacy Tour to us. Mr. Wells- Head Teacher

Paralympics.

Young Ambassadors will pass on our pupil designed torch to their neighbouring school and lead whole school assemblies.

common theme.

-The Legacy Tour also brings alive the power of the Olympic and Paralympic legacy aspirations, but more importantly the Olympic and Paralympic values, using these to benefit many pupils by utilising a wide range of student skills.

-Broader experience of a range of sports and activities offered to all pupils

from Claypole brought their Bronze Ambassadors to us to pass on the T-shirt that all schools are signing for Ben Smith (see previous Blogs)



Our Bronze Ambassadors having a run through before the actual assembly with Zoe from Inspire+.



They talked about: Remembering the success of Rio 2016, thinking about healthy eating, our Legacy Challenge Log books that we will all be completing and Ben setting his challenge: How many miles can you run in the school day?



			The T shirt we signed with our message for Ben.
Playground Leaders	<i>Inspire+ will continue to train pupils but this year at school sites.</i> <i>This will equip young people to lead structured play at lunch times that increase physical activity levels and decrease incidents of poor behaviour.</i>	-This is a great way to develop leadership in your school and further enhance community cohesion by training pupils to lead each other in structured play. -Playground leaders work with and lead small groups of students in a range of physical activities. -Playground Buddies has enhanced pupils personal development and well-being, Ofsted key finding. <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	Sophie Allen trained Year 5 and 6 for 6 weeks delivering the Play Leader programme. Children had to complete tasks, learn how to organise activities and deal with playground problems that might occur. When they had successfully completed their training and passed they received their Play Leader caps from Sophie. Class 3 then started running Play Leader games and activities every lunch time. Here children plan activities for other children in the school.  Children create a zone for their activities and invite others to join them. 

			Summer term and the sun shone (well for 1 day it did!) and our play leaders enjoyed parachute activities on the field with  lots of children were keen to join in
Developing School Staff			
PE & Sport Conference	<i>The Inspire+ organised event will provide the platform for teachers to develop PE, Sport and Leadership provision. Workshops will be facilitated by national and local facilitators.</i>	-Supporting teachers apply agreed schemes of work and assessment procedures consistently, <i>Ofsted recommendation.</i> -Supporting subject leaders articulate a clear vision for PE, set highest expectation of staff & pupils and provide schemes of work, <i>Ofsted recommendation.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The increase and success in competitive school sports</i> <i>-How much more inclusive the physical education curriculum has become</i> <i>-The growth in the range of provisional and alternative sporting activities</i>	The PE subject leader once again attended the conference and had the opportunity to hear new ideas and initiatives, see resources and listen to expert and inspirational speakers. There was also opportunity for collaboration, networking and sharing. New initiatives were shared that promoted 30mins of exercise for all pupils everyday .These were fed back to staff at staff meeting. 2 of these will be taken up: Maths of the Day- a maths programme full of activities for practical maths lessons and a workshop for all classes ‘Resilient Me.’

		<i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-Increased confidence, knowledge and skills of all staff in teaching PE and sport</i>	
Real PE	<i>Inspire+ will coordinate the introduction and will help to support embed the PE scheme of work that focusses on the skill development of pupils. Real PE has a built in assessment toolkit to ensure teachers know the progression each child is making.</i>	-Supporting teachers apply agreed schemes of work and assessment procedures consistently, <i>Ofsted recommendation.</i> -Supporting subject leaders articulate a clear vision for PE, set highest expectation of staff & pupils and provide schemes of work, <i>Ofsted recommendation.</i> -Improve pupils' fitness by keeping them physically active...engaging them in regular, high-intensity vigorous activity for sustained periods of time, <i>Ofsted recommendation.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The increase and success in competitive school sports</i> <i>-How much more inclusive the physical education curriculum has become</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-Increased confidence, knowledge and skills of all staff in teaching PE and sport</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	All classes have been using the Real PE scheme of work promoting the multi clogged approach of: social, physical, creative, cognitive, health and fitness. The aim is to engage and challenge every child.
CPD Courses	<i>A comprehensive programme of primary school courses, delivered locally, will again be organised. Aimed at supporting all school staff deliver high quality PE and Sport. Courses can be delivered as part of whole school inset training.</i>	-This supports each school working towards or maintaining the delivery of high quality PE. -This supports each school working towards having staff with sport qualifications delivering afterschool enrichment sessions/PE clubs. -Inspire+ will give annual figures of staff attendances and	Courses were made available to all school staff and they were encouraged to make use of them to up-skill themselves. Staff have attended a range of training courses. This meant that they can confidently offer clubs and teach lessons, activities using the skills they have learnt e.g. ensuring lessons

	<i>Courses include; Sport specific, Gymnastics, Dance, PE Curriculum, PE Coordinator training, Assessment, Physical Literacy, Early Years & Leadership.</i>	qualifications gained in an end of year school impact report documentation. -Supporting teachers apply agreed schemes of work and assessment procedures consistently, <i>Ofsted recommendation.</i> -Supporting subject leaders articulate a clear vision for PE, set highest expectation of staff & pupils and provide schemes of work, <i>Ofsted recommendation.</i> -Improve pupils' fitness by keeping them physically active...engaging them in regular, high-intensity vigorous activity for sustained periods of time, <i>Ofsted recommendation.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The increase and success in competitive school sports</i> <i>-How much more inclusive the physical education curriculum has become</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-Increased confidence, knowledge and skills of all staff in teaching PE and sport</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	were active and had high intensity vigorous activity for sustained periods of time.
Parent Volunteer Programme	<i>Inspire+ will provide an induction for parents and provide access to basic sports training to enable parents to assist sports clubs at your school.</i> <i>Audits are returned to Inspire+ who organise an induction event and allow access to CPD courses.</i>	-This supports wider parental engagement to support community sports development. It also offers parents the opportunity to gain future employment through coaching hours or encourages community volunteering once qualifications have been gained. -Once parents are qualified they can support your own PE enrichment programme in school. -This programme can be used as supporting evidence for schools wishing to achieve the Leading Parent Partnership	1 parent has undertaken this training. The parent who undertook this 3 years ago has continued to attend courses and lead a gym club within school where she has trained children and entered them into competitions. This has allowed the club to run in an altered format accessing competitions and festivals for all ages. The club continues to run weekly throughout the year.

	<i>Inspire+ will offer to mentor parents throughout the year.</i>	Award. -Engage parents in pupil development. -Supports schools provide weekly opportunities to participate and compete in school sport to enable the most able to attain high standards of performance, <i>Ofsted recommendation.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The increase and success in competitive school sports</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i> <i>-Increased participation in competitive sport</i>	
Youth Sport Trust	<i>Inspire+ will act as a local coordinator and schools can access the Youth Sport Trust membership through their Inspire+ membership. This will include for the school:</i> <i>• Exclusive access to the membership website which includes a wealth of guidance, case studies and resources</i> <i>• National CPD courses including PE Subject Coordinator training</i>	-Supporting subject leaders articulate a clear vision for PE, set highest expectation of staff & pupils and provide schemes of work, <i>Ofsted recommendation.</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-The profile of PE and sport being raised across the school as a tool for whole school improvement</i> <i>-Increased confidence, knowledge and skills of all staff in teaching PE and sport</i>	We gained our Gold Quality Mark from the YST validating all that we have achieved in PE and Sport this year. 
Gifted & Talented			
Key Stage 1	<i>Pupils will be engaged in a terms worth of sessions that will be based around FUNdamentals. Sessions will be hosted by selected primary schools across the</i>	-Supports schools provide weekly opportunities to participate and compete in school sport to enable the most able to attain high standards of performance, <i>Ofsted recommendation.</i> -Raise their (pupil) expectations of what more able pupils are capable	We took up the 1 place offered in this new initiative where the identified pupil took part in sessions to develop their skills and performance participating with other

	district. The course consisted of 6 sessions delivered by experienced athletes and FUNdamental coach. Parents were invited to stay and view the sessions, assist their children and learn about the importance of FUNdamental movements. The programme based around a set of 12 core activities designed to test and develop a child's ability in the following: balance, control and stability, leaping and landing, coordination and rhythm, single arm throwing, speed, foot-eye coordination, spatial awareness, two arm throwing, agility. Sporting values of team work, respect, honesty, passion, determination and self belief are also explored and celebrated.	of achieving and provide them with challenging, competitive activities that lead to high standards of performance, <i>Ofsted recommendation</i>. -Engage parents in pupil development. <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	more able pupils. The child gained their Infant Agility certificate.
Years 3&4	Children that are identified by their school as being gifted and talented in sport were able to access termly sessions in Grantham. The 6 sessions focused on: communication, team work, diet and nutrition, diet and physiology, fitness and exercise and game play. Sessions were packed with theory built in and tasks to take away and complete between sessions. Parents were able to stay and watch sessions and handouts were provided with the information from the sessions for children to take home with them.	-Supports schools provide weekly opportunities to participate and compete in school sport to enable the most able to attain high standards of performance, <i>Ofsted recommendation</i>. -Raise their (pupil) expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, <i>Ofsted recommendation</i>. -Engage parents in pupil development. <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	4 children have attended these sessions developing their core skills as well as learning new ones whilst working alongside other gifted children. These children have had the opportunity to be challenged under the guidance of experienced coaching staff. Parents have been engaged and have provided positive feedback.

Years 5&6	<i>Pupils will participate in workshops including Psychology, Diet & Nutrition, physiology and Long Term Athlete Development.</i> <i>This programme was run in partnership with the university of Lincoln. It consisted of sessions run by Inspire+ Ambassador Sophie Allen, with tasks being set for the children to complete between session, before the final session- a trip to the University of Lincoln. The sessions included: Psychology, biometrics, strength and conditioning, adaptive game play, diet and nutrition and fitness testing. Children accessed the University's high quality equipment and facilities. This gave them an insight into Universities, students and lecturers.</i>	<i>-Supports schools provide weekly opportunities to participate and compete in school sport to enable the most able to attain high standards of performance, Ofsted recommendation.</i> <i>-Raise their (pupil) expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, Ofsted recommendation.</i> <i>-Engage parents in pupil development.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	2 children took part in the Inspire+ / Lincoln University Gifted and Talented programme to develop his awareness of the importance of healthy eating and exercise. Parents were involved in this initiative and provided positive feedback.
Gifted and Talented Grant Scheme	<i>Inspire+ will support pupils identified by the school as Gifted and Talented in sport, if kit, transport, club membership fees are a barrier to reach their potential.</i>	Schools can use this scheme as evidence of wider support for their Gifted & Talented PE pupils. <i>-Supports schools provide weekly opportunities to participate and compete in school sport to enable the most able to attain high standards of performance, Ofsted recommendation.</i> <i>-Raise their [pupil] expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, Ofsted recommendation.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	Our pupils are generally able to access what they want through their parents. If a need is identified then we will use this.

Swimming support			
TOP Swimming	<i>This initiative funds 50% of additional qualified school Swim teacher costs to work with non-swimmers for a limited time to ensure children meet the KS2 requirement.</i>	-This supports the new PE National Curriculum target that Swimming & water safety must be taught between KS 1-4 (currently part of draft PE curriculum). -Supports schools ensure that every pupil can swim 25 metres before the end of key stage 2, <i>Ofsted recommendation.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-How much more inclusive the physical education curriculum has become</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-Increased confidence, knowledge and skills of all staff in teaching PE and sport</i>	We use this annually to ensure that all children reach the goal of 25m by the end of KS2. It has allowed 3 less confident children to have extra support in order to meet their goals.
Teacher swim qualification	<i>ASA swimming teachers qualification will be organised to support the development of staff that teach on poolside.</i>		
Transport			
Mini Bus	<i>Inspire+ has secured access to a mini-bus to ensure pupils can access sports fixtures/events.</i>	-This can facilitate schools attending Inspire+ events or attending inter-school sporting events, competitions or sports festivals. -Supports schools provide weekly opportunities to participate and compete in school sport to enable the most able to attain high standards of performance, <i>Ofsted recommendation.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The increase and success in competitive school sports</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i> <i>-Increased participation in competitive sport</i>	As a small school we make use of excellent parental support and leave the minibus for those schools that aren't as lucky as we are.
Funding			

Workshops / Advice in writing & preparing applications	<i>Inspire+ will, on the behalf of schools apply for local and national funding. The charity will also support individual schools access funding through schemes operated by Sport England and Big Lottery</i>	-Inspire+ to date has secured in excess of £400,000 for the benefit of local schools. -The charity has supported schools access Awards for All grants <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	The school has initiated the start of this process in order to gain funding for EYFS play area development. It is hoped that in 2017 to successfully gain funding for this project.
Community Sporting Opportunities			
Olympic Sports Holiday Camps	<i>Holiday sports camp aimed at introducing young people to Olympic and Paralympic Sports. Any profit made is returned through services to schools.</i> <i>(Schools could use Sport Premium & Pupil Premium funds to pay for children to attend these camps).</i>	-Supports schools provide weekly opportunities to participate and compete in school sport to enable the most able to attain high standards of performance, <i>Ofsted recommendation.</i> -Raise their [pupil] expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, <i>Ofsted recommendation.</i> -Improve pupils' fitness by keeping them physically active...engaging them in regular, high-intensity vigorous activity for sustained periods of time, <i>Ofsted recommendation.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	This information is sent out to parents termly.

Encouraging pupils to be more physically active and lead healthier lifestyles

Inspire+ Legacy Challenge	<i>Launched in 2012, with the support of Lord Coe, pupils from South Kesteven embark on a series of challenges created to realise the London 2012 pledge of 'inspiring a generation'.</i> <i>The Legacy Challenge is totally bespoke and designed to encourage our young people to be inspired towards a lifetime of sport, culture and healthy living.</i> <i>The Legacy Challenge can be used throughout the whole academic year or as a condensed project. Initiative suitable for Key Stage 1 & 2.</i> <i>This year the theme of the Legacy Challenge is the 2016 Rio Olympics & Paralympics.</i> <i>The Inspire+ Legacy Coordinator will facilitate centralised training for teaching staff and Young Ambassadors and will also be available to help support schools embed the project.</i>	-Each Olympic Legacy Challenge will be designed to support whole school development that you can then use as evidence in your school SEF for an Ofsted inspection. For example, the current Olympic Legacy health challenge can be used by schools as evidence towards achieving the Healthy Schools Enhanced criteria (this has been verified by Healthy Schools). -The current Olympic Legacy competition challenge supports the progression towards the school games by encouraging pupils to get involved in Level 1 and Level 2 competition. -Supports School/Club links -This initiative provides a resource for sports leaders/Young Ambassadors to lead/support in your school. Leadership enhances pupils personal development and well-being, Ofsted key finding. -Provides evidence that the school is engaging with health agencies and parents to improve lifestyles. -Engage parents in pupil development. <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The increase and success in competitive school sports</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills</i> <i>-The greater awareness amongst pupils about the dangers of obesity, smoking and other such activities that undermine pupils' health</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-The profile of PE and sport being raised across the school as a tool for whole school improvement</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i> <i>-Increased participation in competitive sport</i>	This was launched in the Summer term. Classes were encouraged to complete tasks in school and at home and to engage parents. Passport style Logs The Logs form part of our PHSE work and help to raise the awareness of the need for healthy lifestyles and the importance of exercise.
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Learning through OAA

PGL Half day access

The school have the opportunity to take 12 pupils (more if the school contribute at our preferential rate) to PGL Caythorpe for team building exercise designed to raise confidence and self-esteem in targeted pupils.

Emphasis could be placed around extending PE opportunities (OAA) by giving pupils access to outstanding facilities and instructors.

-This supports the wider attainment and progress for the students targeted. By developing self-confidence and self-esteem students may engage better in school, for example through improved behaviour, attendance etc.

-High quality PE opportunities.

-Raise their [pupil] expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, *Ofsted recommendation*.

-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics

-How much more inclusive the physical education curriculum has become

-The growth in the range of provisional and alternative sporting activities

-The improvement in partnership work on physical education with other schools and other local partners

-Increased confidence, knowledge and skills of all staff in teaching PE and sport

-Broader experience of a range of sports and activities offered to all pupils

We used 12 places in Y5 and 6 for a half day visit to PGL as a reward for excellent behaviour. The top 12 children who gained the most Dojos (a reward system used for Y5/6) were chosen and enjoyed archery and the Giant Swing. Olympic values of determination and courage were used to overcome fears of height. Children also benefited from team work in the Giant Swing activity. Archery was a new activity for most children thus providing new experiences and opportunities.



Archery

			 Giant Swing
PGL Access Weekend (Year 6-7 transition)	Schools will choose two pupils who deserve to attend a special weekend at PGL. Full board and accommodation will be provided. Schools have the discretion on which pupils they choose and this could be for being a Young Ambassador, attainment, good behaviour, students who have low self-confidence or students who have never experienced outdoor education before and this may have been due to financial restrictions. Aimed at pupils in Year 6. This weekend aims to support transition from primary school to secondary school.	-Leadership [Young Ambassadors] has enhanced pupils personal development and well-being, <i>Ofsted key finding.</i> -Raise their [pupil] expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, <i>Ofsted recommendation.</i> <i>-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics</i> <i>-The growth in the range of provisional and alternative sporting activities</i> <i>-Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills</i> <i>-The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i> <i>-The profile of PE and sport being raised across the school as a tool for whole school improvement</i> <i>-Broader experience of a range of sports and activities offered to all pupils</i>	2 children accessed this weekend as part of their transition to secondary school. This opportunity provided chance to develop social skills and challenges thus developing self-confidence. Opportunities to challenge themselves and to show courage and determination as well as team building skills were developed. Feedback from the children was positive with both children enjoying the experience.
Specialist Coaches			
Specialist coaches	Inspire+ will provide quality coaching at your school through a comprehensive range of sports with local, dependable, qualified and DBS checked coaches who will inspire pupils to continue to play these sports both at school and in the community setting. Coaches can be used in curriculum or OSHL setting.	-This supports the delivery of high quality enrichment sessions by having qualified local coaches in your school. This can complement your existing enrichment offer to 'free' up staff time, can be used to expand your existing offer or used to support teacher development. -Supports schools provide weekly opportunities to participate and compete in school sport to enable the most able to attain high standards of performance, <i>Ofsted recommendation.</i> -Supports club/school links.	The following clubs have been offered using coaches from Inspire+: KS2: Football, dance, squash, hockey, athletics, cricket and netball. KS1: Multi Skills, Mini-Ball Games, Multi skills into games, Multi Sports, Athletics, Gym and dance.

Coaching can be aimed at Years 1-6.

- Raise their [pupil] expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, *Ofsted recommendation.***
- Improve pupils' fitness by keeping them physically active...engaging them in regular, high-intensity vigorous activity for sustained periods of time, *Ofsted recommendation.***
- Supporting teachers apply agreed schemes of work and assessment procedures consistently, *Ofsted recommendation.***
- The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics*
- The increase and success in competitive school sports*
- How much more inclusive the physical education curriculum has become*
- The growth in the range of provisional and alternative sporting activities*
- The improvement in partnership work on physical education with other schools and other local partners*
- The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles*
- Increased confidence, knowledge and skills of all staff in teaching PE and sport*
- Broader experience of a range of sports and activities offered to all pupils*
- Increased participation in competitive sport*

In addition school has offered the following clubs for UKS2: Cross Country and Netball . Upper KS2: Coaches from Grantham Cricket Club spent 10 weeks coaching Y5/6 children every Tuesday afternoon. This inspired several children to join a local cricket club. We received in school coaching from Will Pert in Tag Rugby for a term. Every class accessed disability coaching from Carl. Children learned how to play: Boccia, Seated volley ball and Kurling.



Carl summarising what we had learned.



Seated volley ball.



Kurling.



Boccia

Club links in the local community have been advocated and promoted eg Grantham Cricket Club, Squash club, football, rugby, Hockey and Badminton.

Competitions and festivals linked to the clubs have been attended eg Gym, BISI badminton, football, Tag Rugby, and netball.- see Website for complete list.

Over 90% of KS1 and KS2 have accessed at least 1 extra-curricular club during the year. All Children in upper KS2 have represented the school in at least 1 competition or festival. We had a very successful year doing well in several events-1st in the B swimming gala, bronze in Sportshall athletics. 1st in round 1 of our netball matches as well as individual successes.(see PE report/ PE Blog for details)

Supporting targeted pupils			
Inspire+ mentor programme	<i>Our mentors will provide support and guidance to young people with the aim to help remove barriers to learning in order to support effective participation, enhance individual learning, raise aspirations and achieve full potential.</i> <i>The mentoring programme is first and foremost for young people who have a genuine interest in sport. Schools will identify young people who are not maximising their potential specifically in the following areas:</i> • <i>Not applying themselves academically</i> • <i>Gifted and Talented</i> • <i>Young people with behavioural issues</i> <i>The programme can be either condensed within one term OR throughout the whole year. This year one of the tutors includes an Olympian.</i>	<i>-Raise their [pupil] expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, Ofsted recommendation.</i> <i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-Links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills</i> <i>-The profile of PE and sport being raised across the school as a tool for whole school improvement</i>	3 pupils in year 5 Each had three sessions with Sophie from Inspire + to help improve their self-esteem and confidence. Targets were set with Sophie and the children and goals worked on. Full reports were provided showing goals met and confidence improved.
PE Development-Disability Awareness			
Paralympic Sports	<i>Each school to receive a half day of coaching and expert training from our disability expert.</i> <i>By accessing this schools give classes a flavour of all inclusive sports for their</i>	<i>-The improvement in partnership work on physical education with other schools and other local partners</i> <i>-The increase and success in competitive school sports</i> <i>-The growth in the range of provisional and alternative sporting activities</i>	We entered festivals based on disability awareness: Boccia and Goal Ball. These festivals allowed children to focus on using new skills and having to adapt pre-existing ones .

children and upskill their staff to be able to continue the delivery of the sports.

-How much more inclusive the physical education curriculum has become

-Increased confidence, knowledge and skills of all staff in teaching PE and sport

-Broader experience of a range of sports and activities offered to all pupils

Sunday July 9th saw our Boccia team at the Lincolnshire School Games finals at The Meres and SKDC stadium.

8 School Sports Partnerships were represented, Marston representing the South West SSP.



Parents came too and stayed for the day-watching and supporting us.



An All England Boccia officiated each match.





We came second- silver medallists.

Competition (additional to the that organised by SGO Team)

Mini Olympics

The 10th mini Olympics took place on June 21st at SKDC stadium. The theme was based on the legacy of Rio. Mini Olympics is aimed at Years 3&4s giving them an opportunity to participate in Olympic and Paralympic activities. Over 1000 young people will participate.

Samba bands, carnival dancers and free style footballers brought the Rio theme to life whilst local sports clubs and coaches ran the activity stations for the day.

-This provides pupils in your schools with a fantastic opportunity to experience a major sporting event in their local area and to work towards achieving the Olympic and Paralympic values. The mini Olympics can be attended by schools as a stand-alone event, or it can be used as a catalyst for a wider Year 3 and Year 4 project with the Mini Olympics being part of the project i.e. researching Olympians, Paralympians and countries as part of the banner competition. See our website for photos and information of previous mini Olympics.

-Raise their [pupil] expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance, Ofsted recommendation.

-The increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics

-The increase and success in competitive school sports

-The growth in the range of provisional and alternative sporting activities

-Broader experience of a range of sports and activities offered to all pupils

-Increased participation in competitive sport

A team of year 4 children together with our 4 Bronze Sports Ambassadors attended this event. Children enjoyed the activities, the parade and ceremony before and after the event and the chance to meet Ambassadors. Our Bronze Sports Ambassadors made an Olympic torch ready for the day at The Meres Sports Stadium.



The Y4 team



Team work

			 Free styling
Additional support			
Website	The website contains information about all Inspire+ services and initiatives. Schools can inform parents of their PE and Sport provision to pupils by linking the Inspire+ website to the schools website. www.inspireplus.org.uk	-Your sporting provision should be detailed on your school website to demonstrate the provision and breadth of sporting opportunities being offered by the school, <i>Ofsted requirement</i>.	Our website provides relevant PE and Sports information, including clubs run, competitions entered together with results as well as our PE Blog that has photos and updates on PE in and outside school.
Evidence & impact support	Inspire+ will support the school through the following ways: - Three individual school reports including information such as: - CPD accessed by school	-Ofsted will carry out an annual survey reporting on the first year's expenditure and its impact holding schools accountable for how they have used this money. -Ofsted will require schools to include details about their sporting provision on their website, alongside curriculum details.	We receive termly updates from Inspire+ together with our annual planning meetings where initiatives, resources are discussed, reviewed and planned. Inspire+ provision and

	<i>staff</i> ○ <i>Details of children accessing Leadership programmes</i> ○ <i>Holiday Sports Club participation</i> ○ <i>Specialist coaching impact</i> ○ <i>Legacy Challenge impact</i> ○ <i>Pupil feedback from initiatives such as PGL access weekend, G&T residential, G&T termly sessions</i> • <i>Evidence of how the school have utilised Sport Premium funds</i> • <i>Offer to attend Governor meetings to discuss Inspire+ membership and impact</i> Reports will be presented by the CEO to the Head and PE Coordinator.		updates are added to our website.
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